

Endoscopy Auckland

**If you are not a previous patient,
please ensure you have returned
your Patient Particulars form.**

PREPARATION FOR GASTROSCOPY

YOUR APPOINTMENT IS:

Date: _____ Day: _____ Time: _____

A gastroscopy is a visual examination using a narrow flexible telescope to view the oesophagus, stomach and its lining.

You will have the opportunity to speak with the doctor performing the procedure before the examination begins. Feel free to ask any questions you may have about the procedure, presenting symptoms, etc. The doctor will administer sedation just prior to the procedure. This helps to make the procedure easier for you.

MEDICATIONS:

If you are taking Iron tablets please discontinue them one (1) week prior to the test.
If you are taking Aspirin, Cartia, Warfarin or any other anti-coagulant tablets regularly, please advise Endoscopy Auckland beforehand.
If you are a diabetic it is important to notify Endoscopy Auckland, as there are special instructions for preparation.

THINGS TO DO PRIOR TO YOUR APPOINTMENT

You are advised to contact your medical insurance company to obtain a prior approval number or letter. This makes payment easier.

Organise a family member or friend (or a taxi) to drop you at Endoscopy Auckland and collect you approximately 1½ hours after your appointment time.

Because a sedative is used it is very important you DO NOT drive or operate machinery or dangerous appliances, on the day of the procedure.

THINGS TO BRING WITH YOU TO YOUR APPOINTMENT

Any x-rays and/or barium studies relevant to your examination (if available).
Your medications or a list of them.
Your medical insurance prior approval number or letter (if relevant).

ACCOUNTS ARE PAYABLE AT THE COMPLETION OF THE PROCEDURE (if no prior approval has been obtained)

If for some reason you also require antibiotics (you will be told at the time) there is an extra cost of between \$5.00 - \$55.00.

MORNING APPOINTMENT:

If your appointment is in the morning, it is very important that you do not eat or drink anything from midnight (the night before your examination).

Your stomach needs to be completely empty for the examination.

AFTERNOON APPOINTMENT:

If your appointment is in the afternoon it is very important that you have some tea, coffee or fruit juice, toast or cornflakes / ricebubbles only for breakfast.

Please do not eat or drink anything for at least six (6) hours before your appointment.

Your stomach needs to be completely empty for the examination.

After the examination the doctor will give you a discharge form with details of what was found during the examination. If biopsies (small samples of tissue) are taken during the examination (these will be noted on the discharge form) they take approximately 5 days for the results to come back from the laboratory. Your own doctor / GP will be notified with these results.

A full detailed report will be sent to your doctor / GP within a day of you having the examination. You will be given something to eat and drink before you leave the clinic.

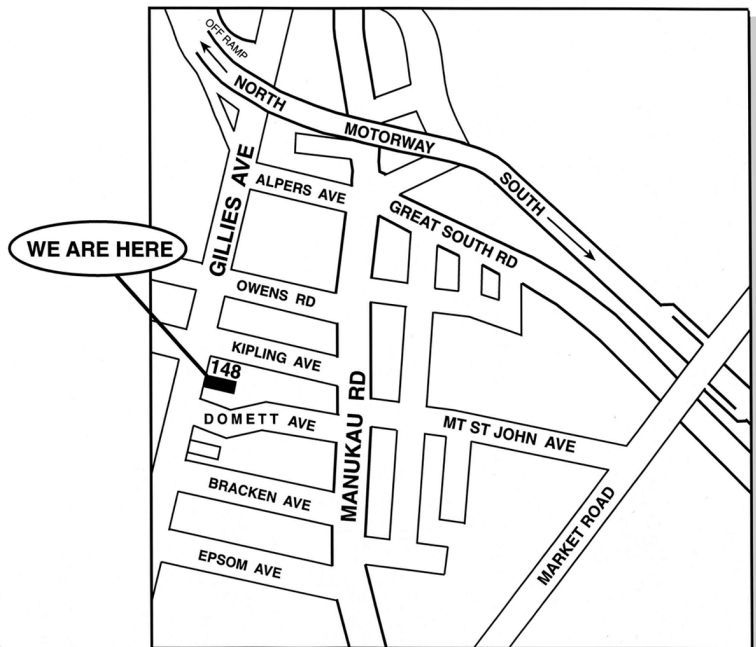
Endoscopy Auckland

148 GILLIES AVENUE EPSOM AUCKLAND 1023 NEW ZEALAND



ENDOSCOPY

AUCKLAND



GASTROSCOPY INSTRUCTIONS

148 GILLIES AVENUE EPSOM AUCKLAND 1023 NEW ZEALAND
PH: 09 623 2020 0800 ENDOSCOPY 0800 363 672 FAX: 09 623 1010